



# Oral health needs and dental care utilization among Oregonian seniors

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# Outline

- Background and Objectives
- Materials and Methods
- Findings and Discussion
- Conclusion and Future Directions



# Outline

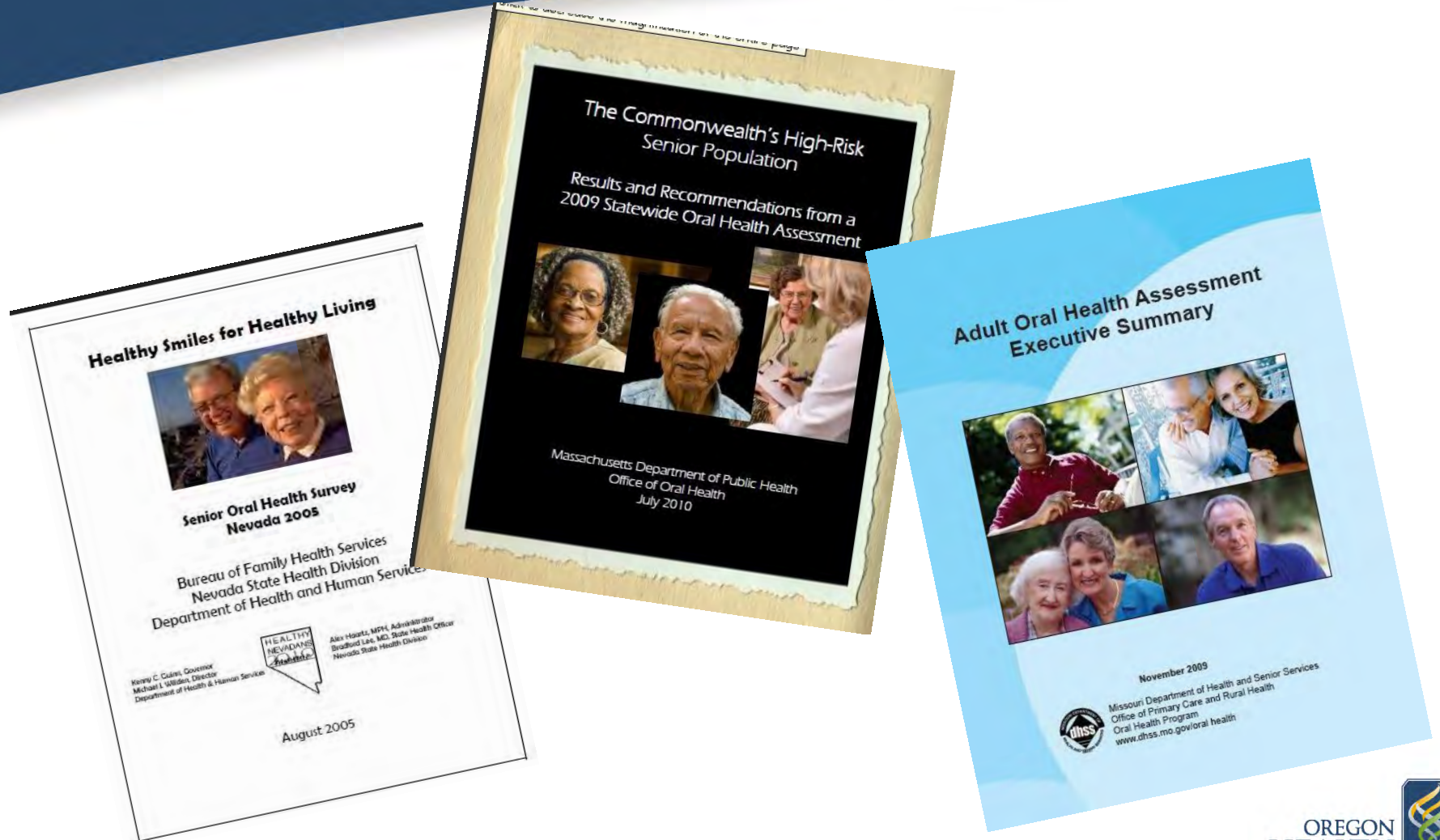
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# Change in Total Population and Population 65 and Older. United States 2000-2030

	Projected Total Population Growth	Growth		Projected Population Growth 65 and older	Growth
<b>United States</b>	82.2 M	29%		36.5 M	104%
<b>Oregon</b>	1.4 M	41%		444K	101%

# State-wide Oral Health Assessments of seniors



# HEALTH

DIVISION

OREGON DEPARTMENT OF HUMAN RESOURCES

1991 - 93

ORAL HEALTH  
NEEDS  
ASSESSMENT

CENTER FOR CHILD & FAMILY HEALTH

CHILD HEALTH SECTION

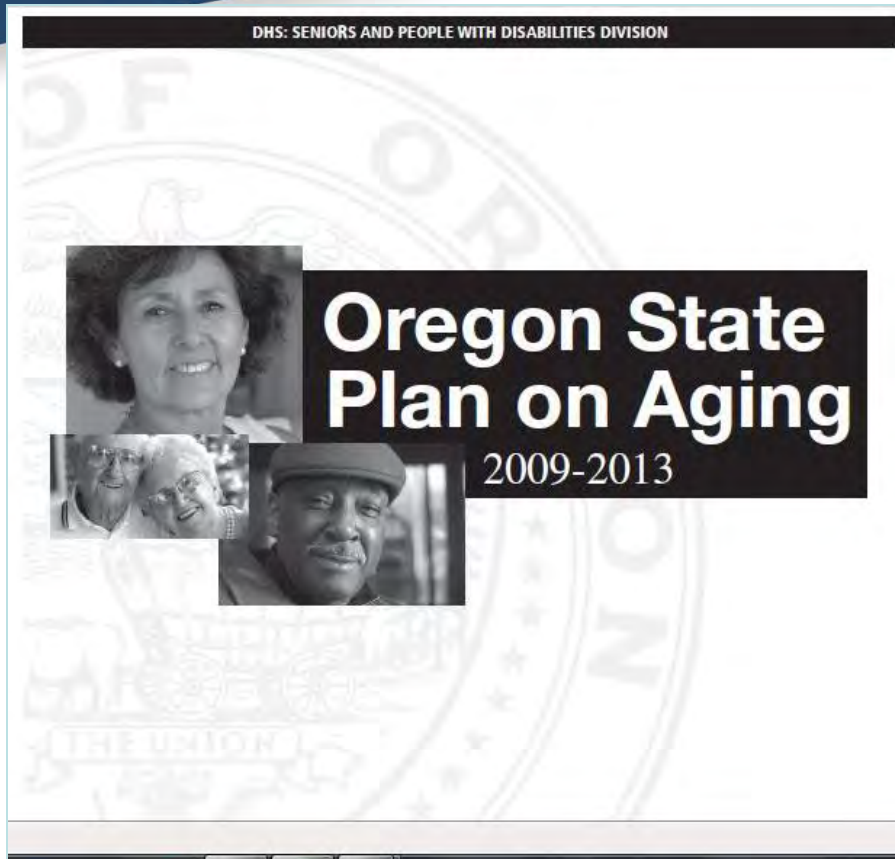
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Kohli -School of Dentistry

# A Road Map for the State Unit on Aging (SUA)

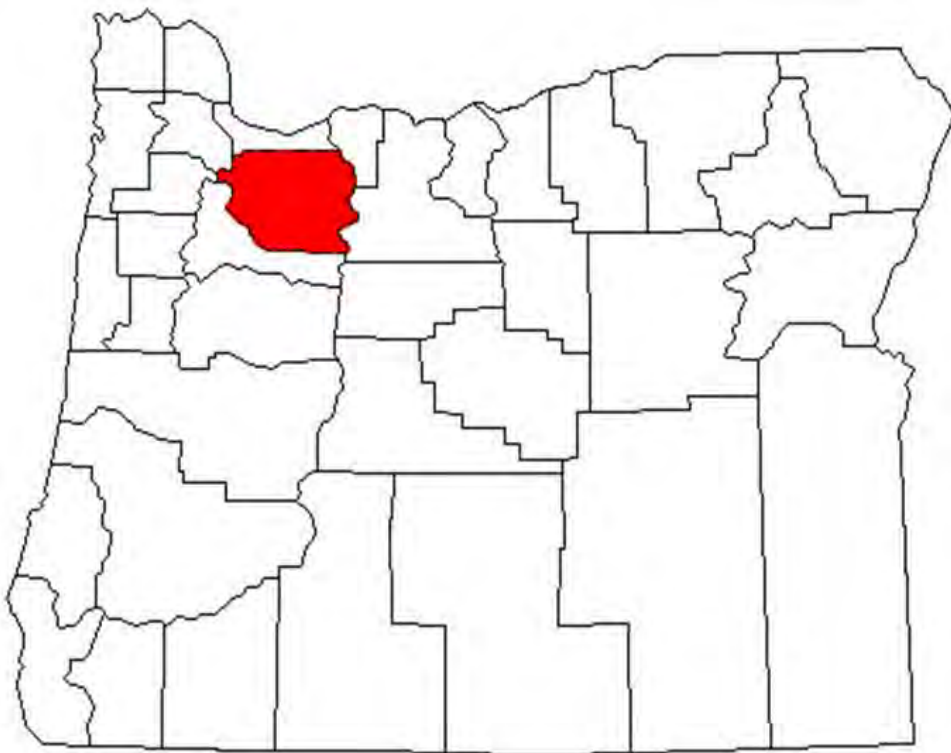


**Priority 2:**

**Healthy Aging**



# Oregon Oral Health Study, 2014-15



# Objectives

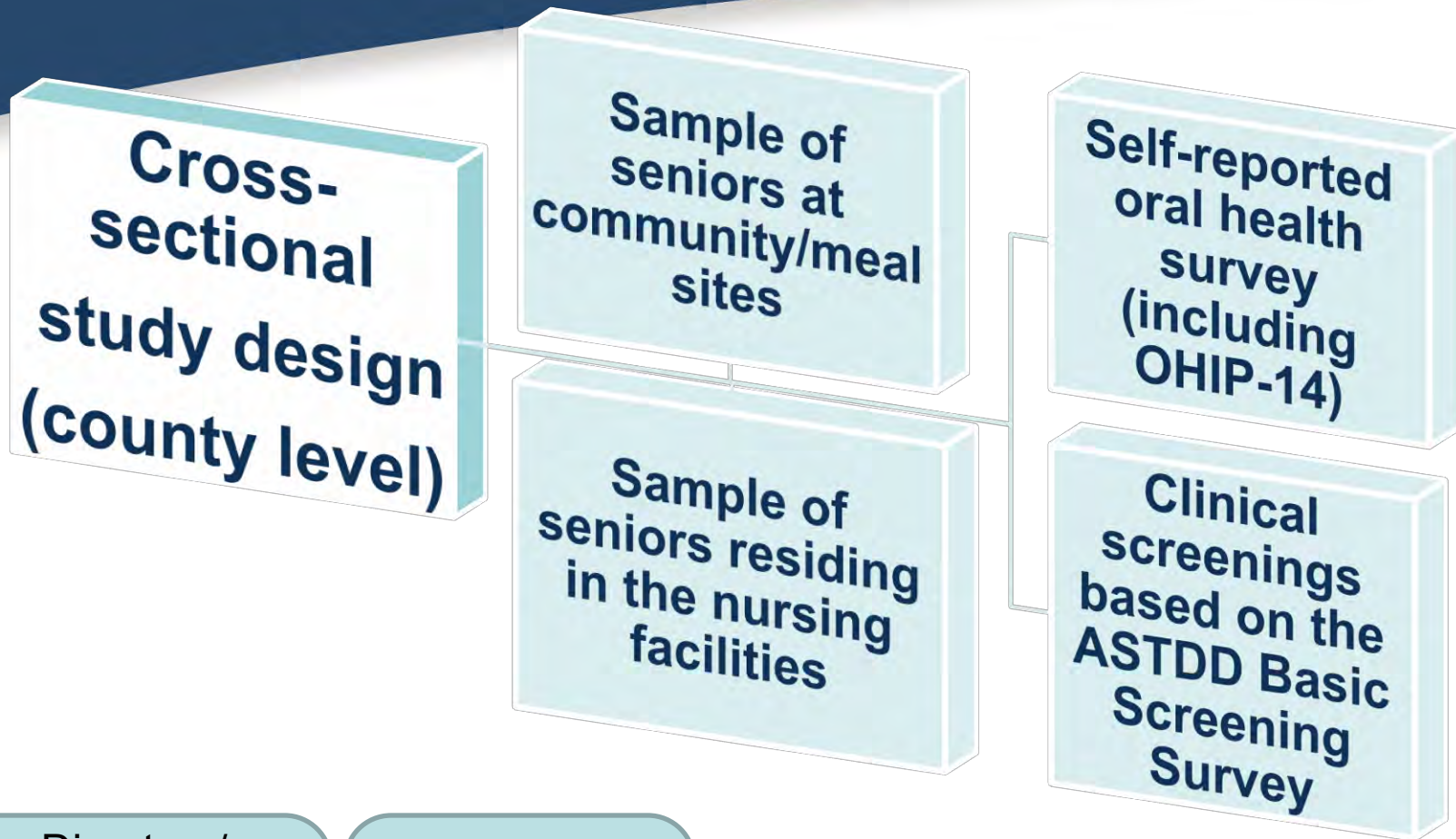
The objectives of this study were to:

- 1) assess the oral health status, and
- 2) dental care utilization of seniors in Clackamas County.

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- Background and Objectives
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# Materials and Methods



Directors/  
Administrators  
on structure of  
oral health  
program

Institutional  
staff  
knowledge  
and attitudes

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<b>Characteristics of Participants</b>	<b>n=206(%)</b>
<b>Age group</b> <ul style="list-style-type: none"> <li>• 65-74</li> <li>• 75-84</li> <li>• <b>85 and older</b></li> </ul>	75 (40.3) 71 (38.2) <b>40 (21.5)</b>
<b>Gender</b> <ul style="list-style-type: none"> <li>• Males</li> <li>• <b>Females</b></li> </ul>	81 (39.5) <b>124 (60.5)</b>
<b>Education</b> <ul style="list-style-type: none"> <li>• Primary/middle school</li> <li>• <b>High school/some college</b></li> <li>• Bachelor's degree</li> <li>• Master's degree and higher</li> </ul>	9 (4.4) <b>124 (60.2)</b> 31 (15) 18 (8.7)
<b>Ethnicity</b> <ul style="list-style-type: none"> <li>• <b>White</b></li> <li>• Asian American</li> <li>• Black</li> <li>• Hispanic</li> <li>• Native American</li> </ul>	<b>172 (83.5)</b> 5 (2.4) 1 (.5) 2 (1.0) 4 (1.9)
<b>Cognitive ability</b> <ul style="list-style-type: none"> <li>• Normal</li> <li>• <b>Deficient</b></li> </ul>	184 (89.3) <b>22 (10.7)</b>

<b>Characteristics of Participants</b>	<b>n=206(%)</b>
<b>Dental Insurance</b> <ul style="list-style-type: none"> <li>• Yes</li> <li>• <b>No</b></li> </ul>	46 (23.7) <b>148 (76.3)</b>
<b>Type of Facility</b> <ul style="list-style-type: none"> <li>• Community setting</li> <li>• <b>Assisted living/Nursing facility</b></li> </ul>	96 (46.6) <b>110 (53.4)</b>
<b>Dentate Status</b> <ul style="list-style-type: none"> <li>• <b>Edentulous</b></li> <li>• Dentulous</li> </ul>	<b>47 (22.9)</b> 158 (77.1)
<b>Dependence</b> (often/very often) <ul style="list-style-type: none"> <li>• Require assistance with tooth brushing/cleaning</li> <li>• Require assistance cleaning dentures</li> </ul> <small>(25-50% missing responses)</small>	4 (2.0) 3 (1.5)
<b>Regular dentist</b> <ul style="list-style-type: none"> <li>• Yes</li> <li>• <b>No</b></li> </ul>	97 (53) <b>86 (47)</b>
<b>Last saw a dentist</b> <ul style="list-style-type: none"> <li>• &lt;1 year</li> <li>• 1-2 yrs</li> <li>• 2-5 yrs</li> <li>• <b>&gt;5yrs</b></li> <li>• Never seen a dentist</li> </ul>	77 (42.5) 35 (19.3) 19 (10.5) <b>49 (27.1)</b> 1 (0.6)

<b>Characteristics of Participants</b>	<b>n=206(%)</b>
<b>Self perceived general health</b>	
• Excellent	10 (4.9)
• Very Good	31 (15)
• Good	84 (40.8)
• <b>Fair</b>	<b>40 (19.4)</b>
• <b>Poor</b>	<b>23 (11.2)</b>
<b>Self perceived oral health</b>	
• Excellent	7 (3.4)
• Very Good	29 (14.1)
• Good	76 (36.9)
• <b>Fair</b>	<b>37 (18.0)</b>
• <b>Poor</b>	<b>36 (17.5)</b>



# Dental Caries

## *Prevalence (DMF)*

- **99.5%** of seniors had dental caries in their permanent teeth



## *Unmet Needs (D)*

- **44.2%** of the seniors had untreated decay

## *Severity (D+M)*

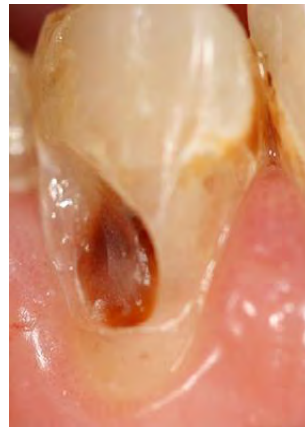
- Seniors 65 and older have an average of **17.9** decayed and missing teeth

<i><b>DMFT scores by characteristics</b></i>	<i><b>DT</b></i>	<i><b>MT</b></i>	<i><b>FT</b></i>	<i><b>DMFT</b></i>
<b>Age group</b>				
• 65-74	1.8	14.7	3.1	19.6
• 75-84	1.8	15.8	2.9	20.5
• <b>85 and older</b>	1.7	16.2	3.1	20.9
<b>Gender</b>				
• Males	2.2	17.2	2.5	21.9
• <b>Females</b>	1.7	15.2	2.9	19.8
<b>Education</b>				
• Primary/middle school	.9	22.0	0.8	23.7
• <b>High school/some college</b>	1.9	15.9	2.9	20.7
• Bachelor's degree	1.7	12.6	3.3	17.6
• Master's degree and higher	1.9	12.8	4.6	19.3
<b>Ethnicity</b>				
• <b>White</b>	1.9	15.2	3.0	20
• Asian American	.4	15.6	3.8	19.8
• Black	0	32	0	32
• Hispanic	2.5	19.5	3.0	25
• Native American	.5	16.0	3.0	19.5

<i>DMFT scores by characteristics</i>	DT	MT*	FT*	DMFT*
<b>Cognitive ability</b>				
• Normal	1.8	15.4	3.0	20.2
• <b>Deficient</b>	2.8	21.1	.1	24.0
<b>Dental Insurance</b>				
• Yes	1.6	10.8	3.8	16.3
• <b>No</b>	1.9	17.8	2.3	22.1
<b>Type of Facility</b>				
• Community setting	1.8	12.5	4.1	18.3
• <b>Assisted living/Nursing facility</b>	2.0	19.1	1.6	22.7
<b>Regular dentist</b>				
• Yes	1.7	11.8	3.8	17.2
• <b>No</b>	2.0	19.4	2.1	23.5
<b>Last saw a dentist</b>				
• <1 year	1.5	10.2	4.5	16.2
• 1-2 yrs	1.2	12.6	2.5	16.3
• 2-5 yrs	2.6	20.6	1.9	25.1
• <b>&gt;5yrs</b>	2.6	22.2	1.5	26.3
• Never seen a dentist	0	32.0	0	32.0

# Root Caries Prevalence

- **Root caries** were present in 26% of the participants; with 5% having root caries in more than 3 teeth.



# Soft Tissue Lesion

- 11.4% (n=23) of the participants had soft tissue lesion



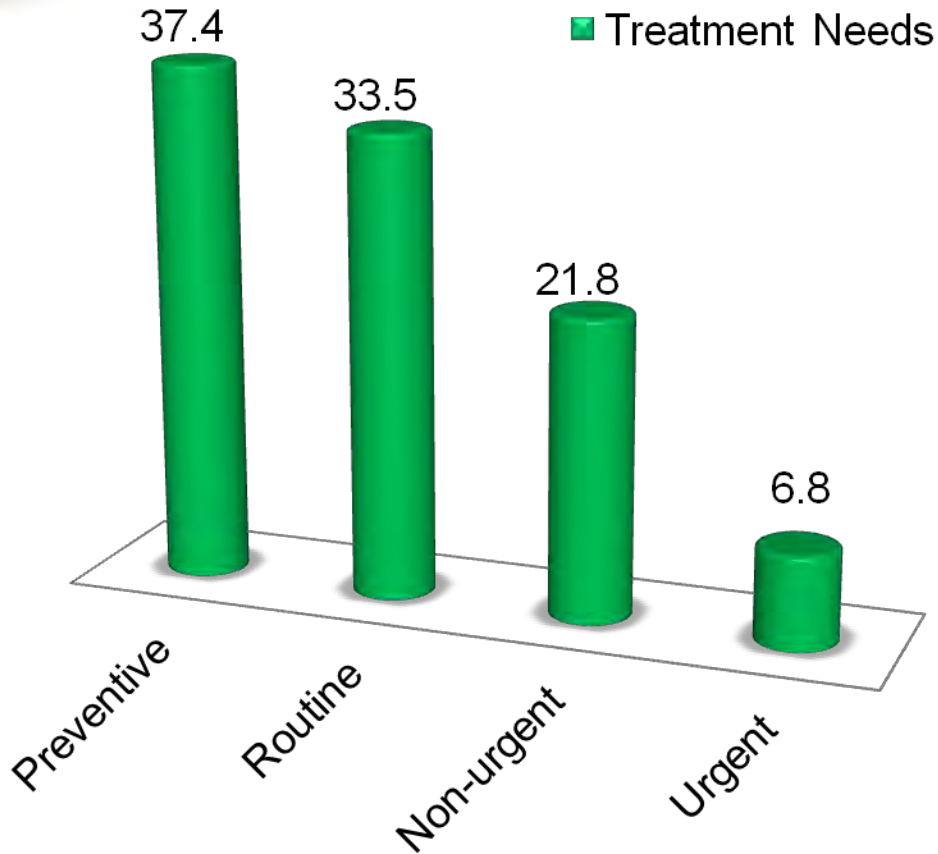
# Tooth Loss in seniors

- Edentulous = 47 (22.9%)
- Average number of teeth remaining (all seniors) = 10.4 (s.d.= 8.6)



- Average number of teeth remaining (dentate seniors) = 13.6 (s.d.= 7.4)

# Treatment needs in the population



1 = **Preventive dental care:** No active decay, due for check-up

2 = **Routine dental care:** Stains/ plaque/ no prior dental care

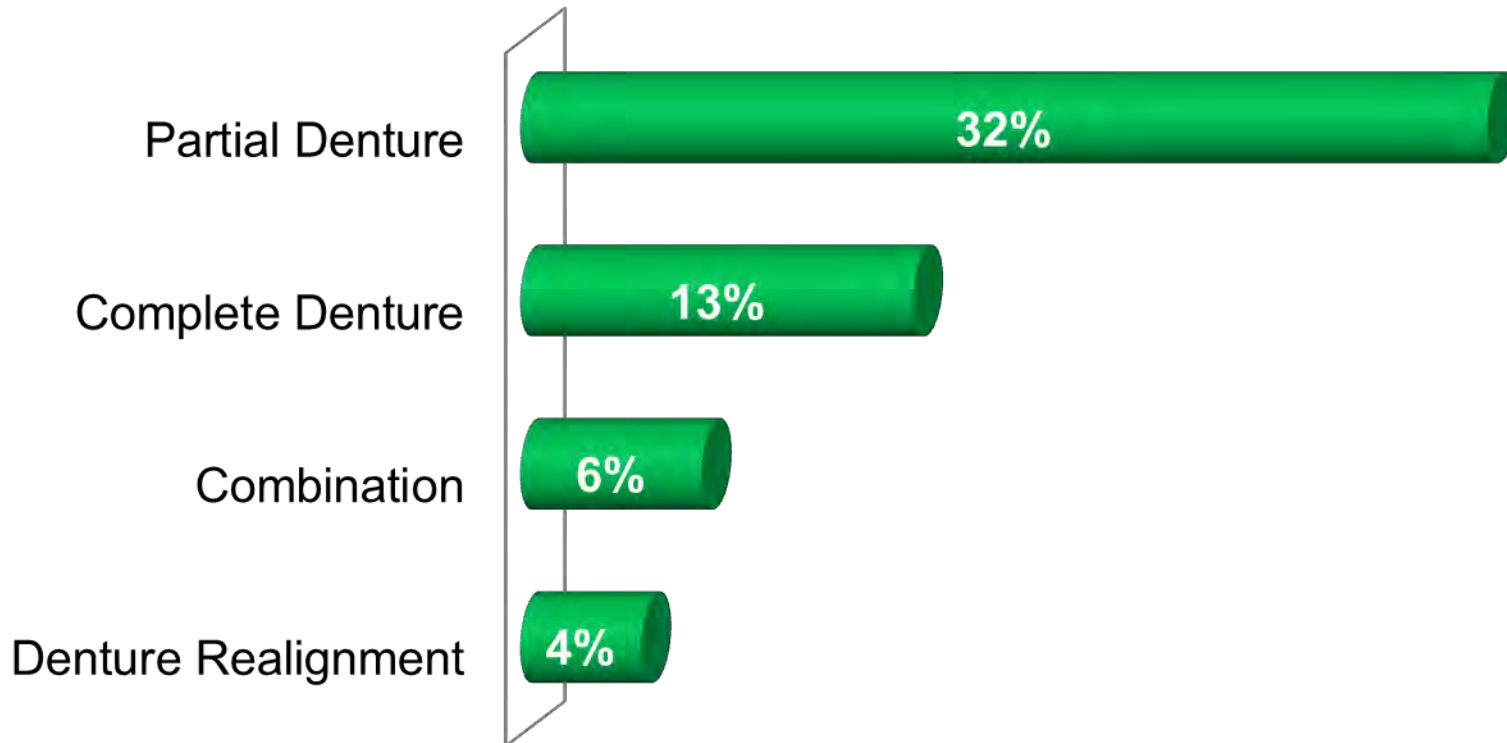
3 = **Non-urgent dental care:** Active decay, pain, discomfort, bleeding gums

4 = **Urgent dental care:** Swelling, large active decay, ongoing pain

5 = **Immediate emergency care:** Trauma, swelling, severe pain

# Prosthetic Needs

- About 55% of the seniors had some kind of prosthetic need





# Oral Hygiene Status

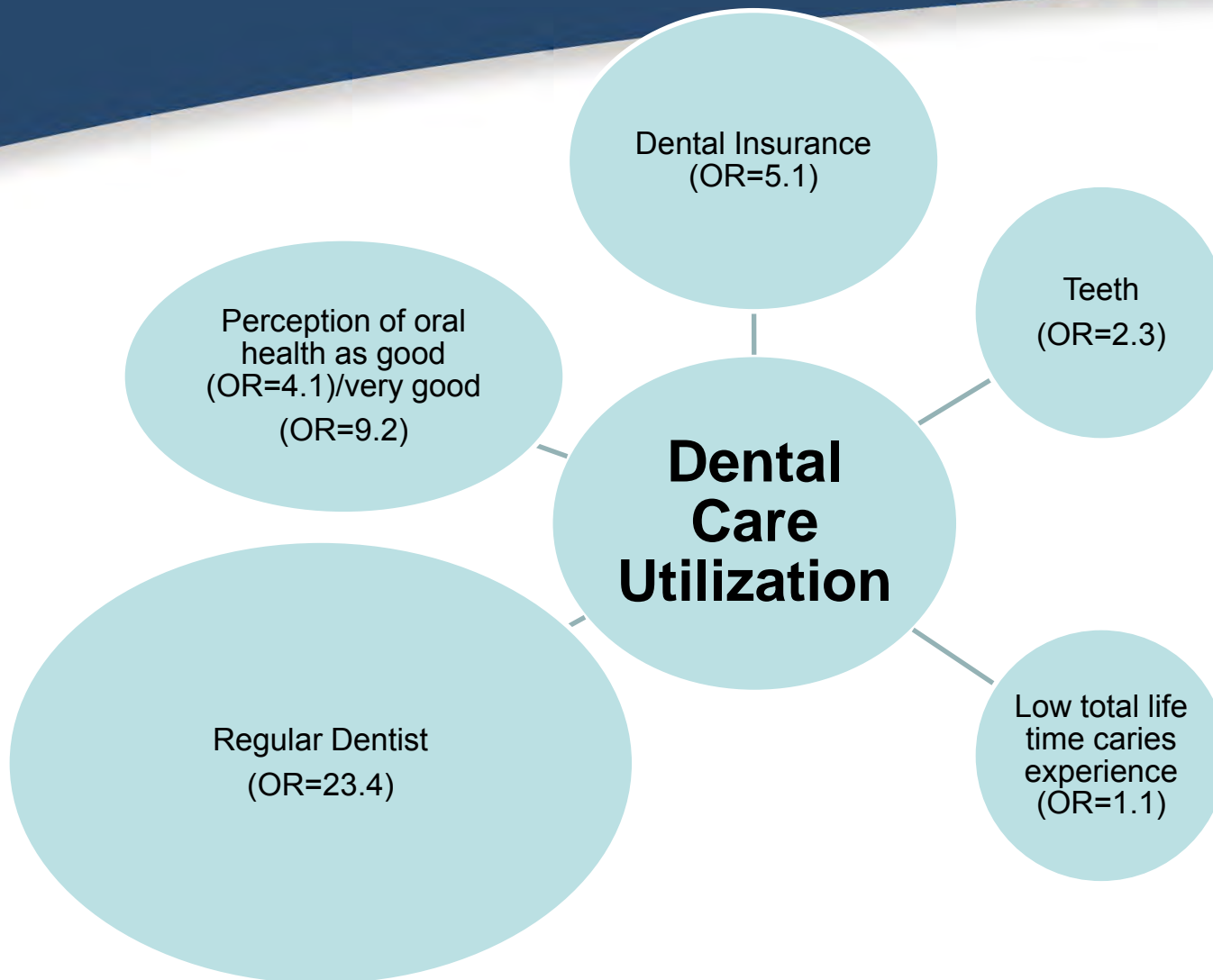
- No oral hygiene practices adopted by 14 (6.8%) (Natural teeth cleaning) and 14 (6.8%) (Denture cleaning) (25-50% missing responses)
- 35% had visible plaque on 6 or more teeth
- Mild and severe gingival inflammation were present in 49.5% and 10.9% of the participants



# Self-perceived oral health-related quality of life in relation to dental insurance

- 76% of the participants didn't have dental insurance.
- Participants who didn't have dental insurance perceived worse quality of life ( $p < 0.05$ ).

# Factors affecting Dental Care Utilization



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# Conclusions

- **There is considerable dental care treatment need for seniors in Clackamas**, which is consistent with low level of insurance coverage and irregular dental care.
- Perceived oral-health related quality of life was found to be impacted by treatment needs, indicating **the necessity to improve oral health condition in this population.**
- **Further studies are needed** to identify relevant interventions to address these issues.



**Thanks for your attention**

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